



Fall Basketball House League 2009

Saturdays
October 3 – November 28
9 Sessions – one hour and thirty minutes each

Session Times: Sessions for age brackets to be determined.
Overall House league schedule to run from 9am to 2:30pm

Ages 4 to 12 years old

The fall House League is intended to introduce girls to the game of basketball with emphasis on individual skill development and team participation. Essential fundamental skills will be introduced weekly. Participants will have the opportunity to apply new skills in game situations each week.

Windsor Valiants coaches and senior players will lead participants through skills and game situations.

Participant Name: _____

Age: _____ Birth date: _____
Month / Day / Year

Address: _____

City: _____ Postal Code: _____

Health Card: _____

Email: _____

Parent/Guardian Contact: _____

Telephone: _____

School: _____ Grade: _____

Basketball Experience (please check)

Just starting out _____ Play on school team _____ Attend camps _____

Email the completed form to Della at skr@cogeco.ca